

UW Health/SwedishAmerican EMS System  
 EMT Basic Class at FHN  
 Monday and Wednesday from 6-10 pm  
 January 3, 2024 - May 22, 2024

Date	Subject / Chapter	Skills / Activities	Homework	D	P	T
Wed 1/3/24	Class Intro and Orientation	Review handbook and sign documentation		4		
Mon 1/8/24	Ch 1 - EMS Systems Ch 3 - Medical, Legal & Ethical Issues	Lecture / Question and answer	Ch 1/2 - Read & workbook Ch 1/3 Pretest due at 6 pm	4		
Wed 1/10/24	Ch 2 - Workforce Safety & Wellness Ch 8 - Lifting & Moving Ch 8 - Lab	C-Collar Pelvic Binder Backboard Long KED Cot Splints (Extremity) Stair chair Traction Splints	Ch 2/8 - Read & workbook Ch 2/8 Pretest due at 6 pm	2	2	
Mon 1/15/24	Ch 4 - Communication & Documentation Ch 5 - Medical Terminology Ch 4 & 5 - Lab	Lego drill /silhouette Portable Radios Bingo cards	Ch 4/5 - Read & workbook Ch 4/5 Pretest due at 6 pm	2	2	
Wed 1/17/24	Ch 6 - The Human Body Lab	Skeleton & cards Skinless Sam (Internal Organs)	Ch 6 - Read and workbook Ch 6 Pretest due at 6 pm	2	2	
Mon 1/22/24	Ch 7 - Lifespan/Stages of Development	Jeopardy (Review of Ch 1-8)	Ch 7 - Read & workbook Ch 7 Pretest due at 6 pm	4		
Wed 1/24/24	<b>Section 1 Exam &amp; Workbook due Ch 1-8</b> Lab Ch 1-8	C-Collar Pelvic Binder Backboard KED Stokes basket Cot Scoop stretcher Stair chair C-Collar and Head Bed	Ch 8 - Read and workbook Ch 8 Pretest due at 6 pm	2	1	1
Mon 1/29/24	Ch 10 - Patient Assessment	GFAST Protocol, Pulse Oximetry Rad 57, Lung sounds, BP Cuff Penlight, Capnography and Glucometer	Ch 10 - Read and Workbook Ch 10 Pretest due at 6 pm	2	2	
Wed 1/31/24	<b>Section 2 Exam &amp; Workbook due Ch 10</b> Lab continued Ch 10	Hands-on vital signs/lung sounds/gastric sounds BP cuff, Stethoscope, SP02 meter Exam Review	Ch 10 - Read and Workbook	2	1	1
Mon 2/5/24	Ch 11 -Airway Management Lab - Airway	Manikins and Airway Kit, Entitle, Monitor, BVM, Nasopharyngeal Airways, Oral Airways, suction equipment, NRB, nasal cannula, nebulizer, CPAP, oxygen, King and iGEL (supraglottic airways)	Ch 11 - Read and workbook Ch 11 pretest due at 6 pm	2	2	
Wed 2/7/24	<b>Section 3 exam Workbook due Ch 11</b> Ch 11 - Oxygen Lab	Manikins and Airway Kit, BVM, airway adjuncts, suction equipment, NRB, nasal cannula, nebulizer, CPAP, oxygen, King airway, oral and nasal airway	Ch 12 - Read and workbook	2	2	

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Mon 2/12/24	Ch 12 - Pharmacology Lab	Drug Box , Nebulizer , oranges for IM injection drill, MAD device Benadryl and Zofran Oral /Sublingual Nitro Epi auto injectors, Narcan Administration Oral Glucose	Ch 12 - Read and workbook Ch 12 pretest due at 6 pm	2	2	
Wed 2/14/24	<b>Section 4 Exam &amp; Workbook due Ch 12</b> Chapter 13 - Shock	Sepsis protocol, Practice assessment Shock scenarios	Ch 13 - Read and workbook Ch 13 pretest due at 6 pm	3	1	
<b>Mon 2/19/24 - No Class</b>						
Wed 2/21/24	CPR class Ch 14 - BLS Resuscitation	AHA Certification with AED for Healthcare Providers, mechanical CPR device.	Ch 14 - Read and workbook Ch 14 pretest due at 6 pm		1	
Mon 2/26/24	<b>Section 5 Exam Workbook due Ch 13/14</b> Ch 15 - Medical Overview Ch 16 - Respiratory Emergencies Lab	Capnography, Duoneb nebulizer, King airway, iGEL and CPAP airway model	Ch 15 & 16 - Read and workbook Workbook due Ch 13/14	3	1	
Wed 2/28/24	Ch 17 - Cardiovascular Emergencies Lab	12-Lead acquisition and GFAST scale Soft restraints	Ch 17 - Read and workbook	3	1	
Mon 3/4/24	<i>Continued</i> Ch 17 - Cardiovascular Emergencies	Heart and lung dissection lab Aspirin and Nitro administration	Ch 17 - Read and workbook Ch 15/16/17 Pretests due at 6 pm	3	1	
Wed 3/6/24	Ch 18 - Neurological Emergencies Ch 19 - Gastrointestinal and Urologic Emergencies	Review stroke protocol and Zofran Scenarios	Ch 18/19 - Read and workbook Ch 18/19 Pretest due at 6 pm	3	1	
Mon 3/11/24	Ch 20 - Endocrine and Hematological Emergencies Scenarios and review <b>Midterm Affective Evaluations</b>	Jeopardy (Review of Ch 15-20) Glucagon, Oral glucose	Ch 20 - Read and workbook Ch 20 pretest due by 6 pm	3	1	
Wed 3/13/24	<b>Section 6 Exam (A) Chapters 15- 20 Workbook due</b> Ch 21 Allergies and Anaphylaxis	Review Oral glucose, EPI Pen, Benadryl	Ch 21 read and workbook Ch 21 pretest due at 6 pm	2	1	1

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Mon 3/18/24	Ch 22 - Toxicology Ch 23 - Behavioral Emergencies	Review Narcan administration I/M, MAD, MAD device, 2PAM Chloride. (Mark 1 Kit)	Ch 22/23 - Read and workbook Ch 23/23 Pretest due at 6 pm	2	2	
Wed 3/20/24	Ch 24 - Gynecological Emergencies Ch 21-24 - Scenarios and review	Jeopardy and Textbook scenarios	Ch 24 - Read and workbook Ch 24 Pretest due at 6 pm	2	2	
Mon 3/25/24	<b>Section 6 (B) Exam</b> <b>Ch 15-24 &amp; Workbook due</b> Trauma Overview	Quiz review	N/A	2	1	1
Wed 3/27/24	Ch 26 - Bleeding Ch 26 - Lab Ch 27 - Soft Tissue Injuries	Hemostatic gauze, tourniquets, direct pressure wound packing and SMO protocols	Ch 25/26/27 - Read and workbook Ch 25/26/27 Pretest and workbook	3	1	
Mon 4/1/24	Ch 28 - Face and Neck Injuries Ch 29 - Head and Spine Injuries Lab	C collar, suction unit, V-Vac, Bandaging	Ch 28/29 - Read and workbook Ch 28/29 Pretest due at 6 pm	3	1	
Wed 4/3/24	Ch 30 - Chest Injuries Ch 31 Abdominal and Genitourinary Injuries Lab	Spinal immobilization LBB, scoop C-collar, head bed	Ch 30/31 - Read and workbook Ch 30/31 Pretest due at 6 pm	3	1	
Mon 4/8/24	Ch 32 Orthopedic Injuries Lab	SAM splint, Vacuum splints, Backboards, stretcher, C collar, Head bed, pelvic binder triangular bandage	Ch 32 - Read and workbook Ch 32 Pretest due at 6 pm	2	2	
Wed 4/10/24	Ch 33 Environmental Emergencies Ch 25 -33 Scenarios and review Jeopardy review	Moulage and mannequins/scenarios, splint and bandage, suction airway and airway devices	Ch 33 - Read and workbook Ch 33 Pretest due at 6 pm	2	2	
Mon 4/15/24	<b>Section 7 Exam Ch 25-33 &amp; Workbook due</b> Ch 37 - Patients with Special Challenges	Exam review following		2	1	1
Wed 4/17/24	Ch 34 - Obstetrics and Neonatal Care Ch 35 Lab	Birth Mannequin, OB Kit, practice live scenarios	Ch 34/37 - Read and workbook Ch 34/37 Pretest due at 6 pm	2	2	

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Mon 4/22/24	Ch 35 - Pediatric Emergencies Ch 35 Lab	Spinal immobilization kit and airway equipment for pediatrics	Ch 35 read and workbook Ch 35 Pretest due at 6 pm	3	1	
Wed 4/24/24	Ch 36 - Geriatric Emergencies Ch 34-37 scenarios and review	Scenarios from textbook	Ch 36 -Read and workbook Ch 36 Pretest due at 6 pm	3	1	
<b>Saturday 4/27/24</b>	<b>Section 8 Exam &amp; Workbook 34-37</b> Transport Operations	Ambulance for demo	Ch 38 - Read and workbook Ch 38 Pretest due	2	1	1
Mon 4/29/24	Ch 39 - Vehicle Extrication and Special Rescue Ch 40 Incident Management	TBD	Ch 39/40 - Read and workbook Ch 39/40 Pretest due at 6 pm	3	1	
Wed 5/1/24	Ch 41 Terrorism Response and Disaster Management Lab Scenarios and review Ch 38 -41	ERG book and Start/Jump Start Triage	Ch 41 - Read and workbook Ch 41 Pretest due at 6 pm	2	2	
Mon 5/6/24	<b>Sec 9 Exam &amp; Workbook due Ch 38-41</b> Ch 9 Team Approach to Healthcare Lab	Flip charts, Broselow tape and SMOs		2	1	1
Wed 5/8/24	<b>Section 10 Exam/ workbook due</b> Ch 9 Skills practice Make up day Lab	Hands on all equipment			3	1
Mon 5/13/24	Review Make up day Lab	Review Quizzes from the course and reflect	Ch 9 - Read and workbook Ch 9 Pretest due at 6 pm	4		
Wed 5/15/24	Review Make up day Lab	Practice quiz and review 200 questions		4		
Mon 5/20/24	Final written exam				2	2
Wed 5/22/24	Final practical exam	Graduation and Pizza				4
TOTAL				96	51	14

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Total time for EMT Course is as follows:	41 classroom days (4 hour sessions with two 15 minute breaks = 3.5 hours
	96 hours Didactic
	51 hours Psychomotor
	14 hours Testing
	10.5 hours Online Study (41 sessions at approximately 15 minutes each)
	20.5 hours of independent study (41 chapters approximately 1/2 hour each workbook
40 hours Clinical	
<hr/>	232 Total Hours

Right hand column: D=Didactic Hours, P=Psychomotor Hours, T=Testing Hours