

UW Health/SwedishAmerican EMS System
 EMT Basic Class at Leaf River Fire
 Tuesday and Thursday from 6-10 pm
 January 4, 2024 - May 22, 2024

| Date | Subject / Chapter | Skills / Activities | Homework | D | P | T |
|-----------|--|--|--|---|---|---|
| 1/4/2024 | Class Intro and Orientation | Review handbook and sign documentation | | 4 | | |
| 1/9/2024 | Ch 1 - EMS Systems Ch 3 - Medical, Legal & Ethical Issues | Lecture / Question and Answer | Ch 1/2 - Read & workbook Ch 1/3 Pretest due at 6 pm | 4 | | |
| 1/11/2024 | Ch 2 - Workforce Safety & Wellness Ch 8 - Lifting & Moving Ch 8 - Lab | C-Collar Pelvic Binder Backboard Long KED Cot Splints (Extremity) Stair chair Traction Splints | Ch 2/8 - Read & workbook Ch 2/8 Pretest due at 6 pm | 2 | 2 | |
| 1/16/2024 | Ch 4 - Communication & Documentation Ch 5 - Medical Terminology Ch 4 & 5 - Lab | Lego drill /silhouette Portable Radios Bingo cards | Ch 4/5 - Read & workbook Ch 4/5 Pretest due at 6 pm | 2 | 2 | |
| 1/18/2024 | Ch 6 - The Human Body Lab | Skeleton & cards Skinless Sam (Internal Organs) | Ch 6 - Read and workbook Ch 6 Pretest due at 6 pm | 2 | 2 | |
| 1/23/2024 | Ch 7 - Lifespan/Stages of Development | Jeopardy (Review of Ch 1-8) | Ch 7 - Read & workbook Ch 7 Pretest due at 6 pm | 4 | | |
| 1/25/2024 | Section 1 Exam & Workbooks due Ch 1-8 Lab Ch 1-8 | C-Collar Pelvic Binder Backboard KED Stokes basket Cot Scoop stretcher Stair chair C- Collar and Head Bed | Ch 8 - Read and workbook Ch 8 Pretest due at 6 pm | 2 | 1 | 1 |
| 1/30/2024 | Ch 10 - Patient Assessment | GFAST Protocol, Pulse Oximetry Rad 57, Lung sounds, BP Cuff Penlight, Capnography and Glucometer | Ch 10 - Read and workbook Ch 10 Pretest due at 6 pm | 2 | 2 | |
| 2/1/2024 | Section 2 Exam & workbook due Ch 10 Lab continued Ch 10 | Hands-on vital signs/lung sounds/gastric sounds BP cuff, Stethoscope, SP02 meter Exam Review | Ch 10 - Read and workbook | 2 | 1 | 1 |
| 2/6/2024 | Ch 12 - Pharmacology Lab | Drug Box , Nebulizer , oranges for IM injection drill, MAD device, Benadryl and Zofran Oral Sublingual Nitro, Epi auto injectors, Narcan Administration, Oral Glucose | Ch 12 - Read and workbook Ch 12 pretest due at 6 pm | 2 | 2 | |

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| 2/8/2024 | Section 4 Exam & workbook due Ch 12 Chapter 13 - Shock | Sepsis protocol, Practice assessment Shock scenarios | Ch 13 - Read and workbook Ch 13 pretest due at 6 pm | 3 | 1 | |
| 2/13/2024 | CPR class Ch 14 - BLS Resuscitation | AHA Certification with AED for Healthcare Providers, mechanical CPR device. | Ch 14 - Read and workbook Ch 14 pretest due at 6 pm | | 1 | |
| 2/15/2024 | Section 5 Exam workbook due Ch 13/14 Ch 15 - Medical Overview Ch 16 - Respiratory Emergencies Lab | Capnography, Duoneb nebulizer, King airway, iGEL and CPAP airway model | Ch 15 & 16 - Read and workbook Workbook due Ch 13/14 | 3 | 1 | |
| 2/20/2024 | Ch 17 - Cardiovascular Emergencies Lab | 12-Lead acquisition and GFAST scale Soft restraints | Ch 17 - Read and workbook | 3 | 1 | |
| 2/22/2024 | <i>Continued</i> Ch 17 - Cardiovascular Emergencies | Heart and lung dissection lab Aspirin and Nitro administration | Ch 17 - Read and workbook Ch 15/16/17 Pretests due at 6 pm | 3 | 1 | |
| 2/27/2024 | Ch 18 - Neurological Emergencies Ch 19 - Gastrointestinal and Urologic Emergencies | Review stroke protocol and Zofran Scenarios | Ch 18/19 - Read and workbook Ch 18/19 Pretest due at 6 pm | 3 | 1 | |
| 2/29/2024 | Ch 20 - Endocrine and Hematological Emergencies Scenarios and review Midterm Affective Evaluations | Jeopardy (Review of Ch 15-20) Glucagon, Oral glucose | Ch 20 - Read and workbook Ch 20 pretest due by 6 pm | 3 | 1 | |
| 3/5/2024 | Section 6 Exam (A) Chapters 15- 20 workbook due Ch 21 Allergies and Anaphylaxis | Review Oral glucose, EPI Pen, Benadryl | Ch 21 - Read and workbook Ch 21 Pretest due at 6 pm | 2 | 1 | 1 |
| 3/7/2024 | Ch 22 - Toxicology Ch 23 - Behavioral Emergencies | Review Narcan administration I/M, MAD, MAD device, 2PAM Chloride. (Mark 1 Kit) | Ch 22/23 - Read and workbook Ch 23/23 Pretest due at 6 pm | 2 | 2 | |
| 3/12/2024 | Ch 24 - Gynecological Emergencies Ch 21-24 - Scenarios and review | Jeopardy and Textbook scenarios | Ch 24 - Read and workbook Ch 24 Pretest due at 6 pm | 2 | 2 | |

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| 3/14/2024 | Section 6 (B) Exam Ch 15-24 & workbook due Trauma Overview | Quiz review | N/A | 2 | 1 | 1 |
| 3/19/2024 | Ch 26 - Bleeding Ch 26 - Lab Ch 27 - Soft Tissue Injuries | Hemostatic gauze, tourniquets, direct pressure wound packing and SMO protocols | Ch 25/26/27 - Read and workbook Ch 25/26/27 Pretest and workbook | 3 | 1 | |
| 3/21/2024 | Ch 28 - Face and Neck Injuries Ch 29 - Head and Spine Injuries Lab | C collar, suction unit, V-Vac, Bandaging | Ch 28/29 - Read and workbook Ch 28/29 Pretest due at 6 pm | 3 | 1 | |
| 3/26/2024 | Ch 30 - Chest Injuries Ch 31 Abdominal and Genitourinary Injuries Lab | Spinal immobilization LBB, scoop C-collar, head bed | Ch 30/31 - Read and workbook Ch 30/31 Pretest due at 6 pm | 3 | 1 | |
| 3/28/2024 | Ch 32 Orthopedic Injuries Lab | SAM splint, Vacuum splints, Backboards, stretcher, C collar, Head bed, pelvic binder triangular bandage | Ch 32 - Read and workbook Ch 32 Pretest due at 6 pm | 2 | 2 | |
| 4/2/2024 | Ch 33 Environmental Emergencies Ch 25 -33 Scenarios and review Jeopardy review | Moulage and mannequins/scenarios, splint and bandage, suction airway and airway devices | Ch 33 - Read and workbook Ch 33 Pretest due at 6 pm | 2 | 2 | |
| 4/4/2024 | Section 7 Exam Ch 25-33 & workbook due Ch 37 - Patients with Special Challenges | Exam review following | | 2 | 1 | 1 |
| 4/9/2024 | Ch 34 - Obstetrics and Neonatal Care Ch 35 Lab | Birthing Mannequin, OB Kit, practice live scenarios | Ch 34/37 - Read and workbook Ch 34/37 Pretest due at 6 pm | 2 | 2 | |
| 4/11/2024 | Ch 35 - Pediatric Emergencies Ch 35 Lab | Spinal immobilization kit and airway equipment for pediatrics | Ch 35 Read and workbook Ch 35 Pretest due at 6 pm | 3 | 1 | |
| 4/16/2024 | Ch 36 - Geriatric Emergencies Ch 34-37 Scenarios and review | Scenarios from textbook | Ch 36 -Read and workbook Ch 36 Pretest due at 6 pm | 3 | 1 | |

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| 4/18/24 | Section 8 Exam & workbook Ch 34-37 Transport Operations | Ambulance for demo | Ch 38 - Read and workbook Ch 38 Pretest due at 6 pm | 2 | 1 | 1 |
| 4/23/2024 | Ch 39 - Vehicle Extrication and Special Rescue Ch 40 - Incident Management | TBD | Ch 39/40 - Read and workbook Ch 39/40 Pretest due at 6 pm | 3 | 1 | |
| 4/25/2024 | Ch 41 Terrorism Response and Disaster Management Lab Scenarios and review Ch 38 -41 | ERG book and Start/Jump Start Triage | Ch 41 - Read and workbook Ch 41 Pretest due at 6 pm | 2 | 2 | |
| 4/30/2024 | Sec 9 Exam & workbook due Ch 38-41 Ch 9 Team Approach to Healthcare Lab | Flip charts, Broselow tape and SMOs | | 2 | 1 | 1 |
| 5/2/2024 | Section 10 Exam/ workbook due Ch 9 Skills practice Make up day Lab | Hands on all equipment | | | 3 | 1 |
| 5/7/2024 | Review Make up day Lab | Review Quizzes from the course and reflect | Ch 9 - Read and workbook Ch 9 Pretest due at 6 pm | 4 | | |
| 5/9/2024 | Review Make up day Lab | Practice quiz and review 200 questions | | 4 | | |
| 5/14/2024 | Final written exam | | | | 2 | 2 |
| 5/16/2024 | Final practical exam | Graduation and Pizza | | | | 4 |
| TOTAL | | | | 96 | 51 | 14 |

Total time for EMT Course is as follows:

- 41 classroom days (4 hour sessions with two 15 minute breaks = 3.5 hours
- 96 hours Didactic
- 51 hours Psychomotor
- 14 hours Testing
- 10.5 hours Online Study (41 sessions at approximately 15 minutes each)
- 20.5 hours of independent study (41 chapters approximately 1/2 hour each workbook
- 40 hours Clinical

- 232 Total Hours

Right hand column: D=Didactic Hours, P=Psychomotor Hours, T=Testing Hours